202 Frostbite and Other Localized Cold Injuries

REFERENCES

15. Juopperi K: The Occurrence of Frostbite and Its Risk Factors in Adolescents and Young Adults [doctoral thesis]. Finland, University of Tampere, 2006 [summary in English].

USEFUL WEB RESOURCES

Windchill chart, National Weather Service: the windchill chart may be used to estimate the frostbite risk at a given temperature and wind speed—http://www.weather.gov/om/windchill/

Borden Institute’s Medical Aspects of Harsh Environments, volume 1 (Washington, DC, Department of the Army, Office of the Surgeon General, Borden Institute, 2002): describes and illustrates the medical conditions caused by heat and cold, and includes topics ranging from heat illness prevention to the treatment of hypothermia; contains a color atlas of cold injuries and their treatment—http://www.bordeninstitute.army.mil/published_volumes/harshEnv1/harshEnv1.html

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